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Estrogen Receptor Modulator Treatment of Postmenopausal Syndrome Antineoplastic

LY-353381.HCI

2-(4-Methoxyphenyl)-3-[4-[2-(piperidin-1-yl)ethoxy]phenoxy]benzo[b]thiophen-6-ol hydrochloride

C<sub>28</sub>H<sub>20</sub>N<sub>4</sub>S.HCl Mol wt: 512.0730

CAS: 182133-27-3

CAS: 182133-25-1 (as free base)

EN: 249850

### **Synthesis**

The reaction of 6-methoxybenzo[b]thiophene (I) with triisopropyl borate by means of BuLi in THF gives the boronic acid (II), which is condensed with 4-(methanesulfonyloxy)phenyl bromide (III) by means of sodium carbonate in toluene, yielding the intermediate (IV). The demethylation of (IV) with boron tribromide in dichloromethane affords phenol (V), which is protected with benzyl chloride (VI) and cesium carbonate to afford the benzyl ether (VII). The reduction of (VII) with  $LiAlH_4$  in THF provides the phenol (VIII), which is methylated with NaH and methyl iodide to the ether (IX). The bromination of (IX) with Br<sub>2</sub> and NaHCO<sub>3</sub> in CHCl<sub>3</sub> affords the 3-bromo derivative (X), which is oxidized with H2O2 in TFA/dichloromethane to the sulfoxide (XI). The condensation of (XI) with 4-[2-(1-piperidinyl)ethoxy]phenol (XII) in basic medium gives the expected condensation product (XIII), which is reduced at the sulfinyl group to yield the protected compound (XIV). Finally, this compound is debenzylated by hydrogenation by means of ammonium formate over Pd/C in ethanol/ethyl acetate and converted to its hydrochloride salt by treatment with ethyl ether/HCl in ethyl acetate (1). Scheme 1.

## Description

Crystals, m.p. 156-60 °C; free base, m.p. 174-6 °C.

#### Introduction

Menopause, or the end of menstruation, develops at around 51 years of age in women in developed countries. It can be divided into four phases: premenopause, corresponding to the reproductive years from the first menstrual period to menopause; perimenopause, which is the time period (2-3 years) immediately before menstrual cessation during which some women begin to experience menopausal symptoms; menopause, which refers to the end of menstruation and is confirmed after 12 consecutive months without menstruation; and postmenopause, which are the years following menopause. The postmenopausal period accounts for approximately 28 years, thus representing a third of a woman's life. This period of time poses a health risk with regard to osteoporosis, heart disease and cancer (especially breast cancer).

Agents that bind with high affinity to estrogen receptors while showing tissue-selective agonist or antagonist activity are known as selective estrogen receptor modulators (SERMs). These drugs mimic the actions of estrogen on bone tissue and serum lipids but antagonize the stimulatory action of estrogens in the breast and uterus, thus they are putatively useful in estrogen-dependent conditions such as osteoporosis, breast cancer and gynecological disorders. Four main types of SERMs have been investigated: triphenylethylenes (including tamoxifen, toremifene, droloxifene and idoxifene), benzothiophenes (e.g., raloxifene and arzoxifene), naphthalenes (the best characterized of which is nafoxidine) and benzopyrans (ormeloxifene and related derivatives). The classification, structures and indications of these and other SERMs are shown in Table I (2).

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## Osteoporosis

Osteoporosis is a loss of bone mass that leads to bone fragility and an increased risk of fractures and is a major complication of menopause. Postmenopausal osteoporosis-related fractures involve primarily the vertebrae (47%), followed by the hip (20%) and the wrist (13%). Bone is not a "dead" tissue, but a living dynamic tissue that is continuously remodeled through the action of osteoblasts and osteoclasts. Based on studies in ovariectomized rats, therapeutic utility in postmenopausal osteoporosis has been predicted for estrogens, calcitonin and bisphosphonates, in addition to SERMs. These are especially important because of the diverse effects of estrogen on bone, the cardiovascular system, uterus, breast and other tissues and because of the tissue-selective effects of the SERMs.

#### Breast cancer

In developed countries, cancer is the second leading cause of mortality in women following heart disease. Breast cancer was the most common, with an estimated incidence of 178,700 new cases reported in the U.S. in 1998, followed by lung cancer (around 80,000 cases). Furthermore, the incidence of breast, lung and thyroid cancer has been increasing during the past 20 years, in parallel with a continuous increase in mortality from lung cancer. In contrast, mortality from breast cancer has shown a declining trend.

Each type of cancer has its own risk factors, screening procedures, treatments and outcomes. Education can increase the likelihood of preventing cancer or enhancing survival. Lifestyle choices (refraining from smoking, following a healthier diet) can help prevent some types of cancer and achieve longer survival. However, regular medical checkups, including cancer screening, continue to be the best means for early detection of cancer. This is exemplified in breast cancer, which can be divided into five stages: in situ carcinoma; cancer < 2 cm in diameter that has not spread outside the breast; cancer < 2 cm that has spread or > 2 cm that has not spread; cancer that has spread to local lymph nodes; and cancer that has spread to other organs or tissues. Early detection can be achieved by breast self-examination or by regular imaging explorations after 40 years of age. Early detection and prompt treatment have proven successful in saving lives (breast cancer is the most common, but is not the most deadly).

Recent findings suggest that drugs used in the treatment of osteoporosis also decrease the risk of breast cancer (3). Several agents are currently being clinically investigated alone or in combination as chemopreventive drugs for major cancer targets. Large-scale intervention trials have been performed with some of them (e.g., tamoxifen and fenretinide in breast cancer), while others are in phase II trials to establish their chemopreventive

efficacy and safety (e.g., fenretinide, DFMO, oltipraz, some NSAIDs).

Tamoxifen is currently the most widely used endocrine therapy for early and advanced breast cancer. New SERMs with equal or higher potency and lower toxicity than tamoxifen are under investigation, including raloxifene and its more potent derivative arzoxifene (4).

#### **Mechanism of Action**

SERMs act by interaction with ER $\alpha$  and ER $\beta$  receptors in different tissues, thus regulating the transcription of genes. In ER binding assays, arzoxifene exhibited a relative binding affinity of 0.5 compared to 1.0 for 17 $\beta$ -ethynylestradiol. Arzoxifene has been shown to be more potent than raloxifene in both *in vitro* and *in vivo* assays (5, 6). Arzoxifene demonstrated potent inhibitory activity against estrogen-stimulated MCF-7 human breast cancer cell proliferation *in vitro*, with an IC<sub>50</sub> of 0.3 nM; this was comparable to an IC<sub>50</sub> of 0.37 nM reported previously for raloxifene (6, 7).

The chemopreventive activities of arzoxifene were evaluated in a *neu*-induced rat mammary carcinogenesis model. Two days following infusion of the *neu* retroviral vector, female rats were treated with arzoxifene (20 mg/kg) or tamoxifen (2 mg/kg), or were ovariectomized. When tumor development was measured at 13 weeks postinfusion, the untreated, intact control animals had an average of 13.9 carcinomas per rat as compared to 3.5, 8.4 and 4.5 carcinomas per rat for the arzoxifene, tamoxifen and ovariectomized rats, respectively. Arzoxifene had little or no effect on body weights, indicating a very low toxicity (8).

# **Pharmacological Actions**

Body weight gain, uterus hypertrophy, hypercholesterolemia and bone mass loss indicate a decrease in circulating levels of estrogens similar to that observed in postmenopause. Experimental studies in rats have shown that arzoxifene effectively inhibits ovariectomy-induced body weight gain, hypercholesterolemia and bone mass loss, with respective ED $_{50}$  values of 1, 20-30 and 10  $\mu$ g/kg/day after oral treatment. The drug also prevented 17 $\alpha$ -ethynylestradiol-induced uterus hypertrophy at a daily oral dose of 30  $\mu$ g/kg, thus being less stimulatory to the uterus than most SERMs. In all these tests, arzoxifene was 30-100 times more potent than raloxifene, with similar or lower levels of estrogen antagonism in the uterus (6, 7, 9) (Table II).

Arzoxifene, like raloxifene, produces antiresorptive effects very similar to those of estrogen (10). In ovariectomized rats, title compound prevented bone loss, with an ED $_{50}$  of 10  $\mu$ g/kg/day p.o. (6). In a very detailed analysis in an ovariectomized rat model of postmenopausal osteoporosis, arzoxifene prevented bone resorption to the same extent as  $17\alpha$ -ethynylestradiol but was less active

Table I: Classification, chemical structures and main indications of selective estrogen receptor modulators and antiestrogens acting at the FR receptor (from Prous Science Ensemble database)

Phase	Drug (Source)	Main Indications		
Triphenylethylenes				
1. Launched	Clomiphene (Serono)	Female infertility		
2. Launched	Tamoxifen (Pharmacia Upjohn; AstraZeneca)	Breast cancer, female infertility		
3. Launched	Toremifene (Orion Pharma)	Breast cancer		
4. Phase III	Miproxifene phosphate (Taiho)	Breast cancer		
5. Phase III	Droloxifene (Pfizer)	Breast cancer, atherosclerosis, osteoporosis		
6. Phase II	Idoxifene (SmithKline Beecham)	Breast cancer		
Benzothiophenes				
7. Launched	Raloxifene hydrochloride (Lilly)	Postmenopausal syndrome, osteoporosis		
8. Phase II	Arzoxifene hydrochloride (Lilly)	Breast/ovary cancer, postmenopausal syndrome		
Naphthalenes				
9. Phase III	CP-336156 (Pfizer)	Osteoporosis, atherosclerosis, breast cancer		
Benzopyrans	,	•		
10. Launched	Ormeloxifene (Central Drug Res. Inst.)	Breast cancer, contraceptive		
11. Phase III	EM-800 (Endorecherche; Schering Plough)	Breast cancer		
	EW 600 (Endorconcrone, Contening Flough)	Broadt danied		
Miscellaneous 12. Phase III	Fulvestrant (Zeneca)	Breast/ovary cancer, gynecological disorders		
13. Phase II	Tesmilifene HCI (Bristol-Myers Squibb)	Breast/ovary cancer  Breast/ovary cancer		
14. Phase I	A-007 (Dekk-Tek)	Breast/ovary cancer		
15. Phase I	ERA-923* (Ligand; Wyeth-Ayerst)	Breast/ovary cancer		
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Table I: Continuation.

Table II: General pharmacological data on arzoxifene (6, 7, 9) [from Prous Science MFLine database].

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Test		Result
In vitro Inhibition of estrogen-induced mitogenesis in MCF-7	cells	IC <sub>50</sub> = 0.3 nM
In vivo Inhibition of ovariectomy-induced weight gain in rats Inhibition of ovariectomy-induced hypercholesterole Inhibition of ovariectomy-induced bone mass loss in Prevention of estrogen-induced uterus hypertrophy	mia in rats rats	$ED_{50} = 1 \mu g/kg/day p.o.$ $ED_{50} = 20-30 \mu g/kg/day p.o.$ $ED_{50} = 10 \mu g/kg/day p.o.$ $ED_{50} = 30 \mu g/kg/day p.o.$

in inhibiting *de novo* bone formation. The combination of parathormone (PTH) plus arzoxifene increased bone mass at a faster rate and to a greater extent in comparison to PTH alone or PTH combined with estrogens or raloxifene. Furthermore, arzoxifene prevented the rapid bone loss observed upon discontinuation of PTH (11).

Arzoxifene has also been evaluated in experimental models of breast cancer. In a rat model of estradiol-promoted breast cancer induced by nitrosomethylurea, rats given 20 or 60 mg/kg arzoxifene in the diet presented an 8% incidence of cancer compared to 88% in control animals. Significant preventive activity was demonstrated at doses as low as 0.6 mg/kg, with potency similar to that of tamoxifen (7). The drug also inhibited human breast tumor progression in xenotransplanted nude mice with more potency than tamoxifen, raloxifene, droloxifene

or idoxifene at equivalent doses. Furthermore, arzoxifene did not stimulate the endometrium or the uterus of ovariectomized rats, confirming the lack of deleterious effects of the drug on the uterus (12).

# **Pharmacokinetics**

In female cynomolgus monkeys, arzoxifene was well absorbed after oral administration, reaching peak plasma levels by 3 h. The drug and its main metabolite (LY-335563) were excreted mainly in the feces, with < 2% of the dose being recovered in the urine and cage wash (13). Assays in female rats gave very similar results (14) (Table III).

Species	Dose	C <sub>max</sub> (µg/l)	t <sub>max</sub> (h)	$AUC_{(o-\infty)}$ (µg.h/ml)	t½ (h)
Rats	5 mg/kg p.o.	34.5 [3.7]	4	519.1 [43.3]	5.7 [6.9]
Monkeys	4 mg/kg p.o.	9.12 [0.9]	3	213 [25]	14.2
	4 mg/kg i.v.	558 [45]		4193 [68]	17.7

Table III: Pharmacokinetic properties of arzoxifene and LY-335563 [in brackets] (13, 14) [from Prous Science PKLine database].

#### **Clinical Studies**

A phase I trial has evaluated daily oral doses of arzoxifene (10, 20, 50 and 100 mg) in 32 patients with refractory, metastatic breast cancer, all of whom had failed prior tamoxifen and most of whom had had prior chemotherapy. Pharmacokinetics were similar following both single and multiple doses. No dose-limiting toxicity and no endometrial thickening were observed. The major side effect was mild to moderate hot flashes in 19 patients, which was observed at all doses. However, 1 patient on the 10-mg dose developed pulmonary embolism. All patients were evaluable for response: 1 patient achieved a minor response and 9 patients had stable disease with a median duration of 6 months. Based on the findings from this study, a phase II trial has commenced comparing doses of 20 and 50 mg (15, 16).

Arzoxifene is in phase II clinical testing for the treatment of breast, ovarian and endometrial cancers (17).

# Manufacturer

Eli Lilly & Co. (US).

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